Nutrition in Clinical Pharmacy (PHM 290D)
Mondays 1PM-3PM
Fall 2019

Course Coordinator:  Laurajo Ryan, PharmD, MSc, BCPS
Clinical Professor
The University of Texas at Austin College of Pharmacy
UT Health San Antonio
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Office hours:  Office hours are open; Dr. Ryan is based in San Antonio and is available by email and in person

Austin Coordinator:  Bryson Duhon, PharmD, BCPS
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Assistant Dean for Student Success
PHR 5.112B
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Course Unique Number(s):  PHM 290D 58375 (Austin), PHM 290D 58380 (San Antonio)

Classroom(s):  Austin 4.114, San Antonio 2.108

Class Days/Times:  Monday 1—3PM

<table>
<thead>
<tr>
<th>Faculty</th>
<th>E-mail</th>
<th>Phone</th>
<th>Location</th>
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<tbody>
<tr>
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<td>San Antonio</td>
</tr>
</tbody>
</table>
Course Description:
This course is designed to help the student integrate both the clinical & basic scientific knowledge of pharmacy practice with nutrition issues that will be faced in the clinical setting.

During the semester, students will be exposed to basic nutrition information, disease specific nutritional issues and the research surrounding these issues. We will also discuss practical issues that the students will face as a practicing clinical pharmacist regardless of the setting.

Course Website:
This course uses Canvas, a Web-based course management system in which a password-protected site is created for each course. Canvas will be used to distribute course materials, to communicate, and to post grades. Canvas is available at http://canvas.utexas.edu. Support is provided by the ITS Help Desk at 475-9400 Monday through Friday 8 am to 6 pm.

Course Communications:
Official course communications will take place in class, through e-mail and on the course Canvas website. Students are advised to configure their Canvas settings to forward course announcements to their official e-mail address. Canvas uses only the e-mail address listed on the official University of Texas directory, so please check the University’s online directory to ensure your e-mail address is listed correctly. Check your email frequently; a “full mailbox” is not a valid excuse for missed communications.

• Because attendance is expected each scheduled class day, announcements made verbally in class will not necessarily be duplicated via email.

Course Video Recordings:
A video capture system will be used in this course. The video streams are offered as a supplement to lecture attendance, not as a substitute. Therefore, if technical problems preclude recording the lecture, the lecture will not be re-recorded, but students are still responsible for the content of the lecture. Lecture recordings will be available to you for the balance of the semester unless otherwise specified. Do not expect to have access after the semester is over.

Faculty and students utilizing class video recordings should be careful to not compromise the privacy of either themselves or other users (http://registrar.utexas.edu/students/records/ferpa), or the rights of the presenter. Students are free to make their own recordings of lectures unless specifically prohibited from doing so by the presenter. Any additional distribution of College- or student-generated recordings (regardless of format) is prohibited without the written and signed permission of the presenter and students identifiable on the recording. Likewise, all course materials developed by the faculty member (handouts, PowerPoints, etc.) are the intellectual property of that faculty member and cannot be distributed further without the permission of that faculty member.

Viewing video-streamed recordings of lectures can be streamed on campus or can be viewed off-campus using a DSL broadband connection. Your faculty are not in a position to troubleshoot your video-streaming problems, so please do not ask them to do so; rather, you should access the LRC’s help website at https://www.utexas.edu/pharmacy/help/ to address those problems. You will find additional information about the lecture capture system or can report technical issues at http://sites.utexas.edu/phr-lrc/
Course Policies

Course Grade:
Letter grades will be assigned according to the following scale:

Letter Grade Assignment
- A  93 - 100%
- A' 90 - <93%
- B+ 87 - <90%
- B  83 - <87%
- B' 80 - <83%
- C+ 77 - <80%
- C  73 - <77%
- C' 70 - <73%
- D+ 67 - <70%
- D  63 - <67%
- D' 60 - <63%
- F  Below 60%

The course grade will be calculated as the percentage of total points earned out of a possible 400 points. Students will earn points from the following:
- In and out of class activities, case studies and reading quizzes—50% (200 points)
- Exam 1 – 100 points
- Exam 2 – 100 points

Assignments:
Text assignments and additional articles assigned throughout the semester are required readings. Case studies and activities are required activities. Please be prepared to discuss readings and cases during class. Also, note that exam questions may be derived from case studies, lecture materials, class discussion or assigned readings.

Attendance:
This is a professional course and as such, attendance is expected. If you miss class for any reason, you will be held responsible for all material covered and any announcements made during class. If you must miss class it is your responsibility to contact a classmate for notes/missed materials.

Discussions are an integral part of the learning process in this course and therefore active participation is expected. If you miss class you will forfeit points from the reading quiz for that day, these quizzes cannot be made up (see “Reading Quizzes” below). 

Religious Holy Days:
By UT Austin policy, you must notify me of your pending absence at least fourteen days prior to the date of observance of a religious holy day. If you must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, I will give you an opportunity to complete the missed work within a reasonable time after the absence.

Attendance at Professional Meetings:
It is the student’s responsibility to ASK permission IN ADVANCE if they plan to attend a professional meeting that would necessitate missing an exam, assignment, or other required course activity. It is at the discretion of the course coordinator as to whether to grant permission and allow the student to make up any missed work.
Disruptive behavior

- Disruptive/disrespectful behavior will not be tolerated. Any student who displays disruptive or disrespectful behavior whether directed at the instructor or fellow students may be asked to leave the class and referred to the Dean’s Office.

Behavior Concerns Advice Line (BCAL)

- If you are worried about someone who is acting differently, you may use the Behavior Concerns Advice Line to discuss by phone your concerns about another individual’s behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit http://www.utexas.edu/safety/bcal
Exam Policies

Exam Format:
Exam questions will cover learning objectives given at the beginning of each topic
Exam questions may include multiple choice, true/false, fill-in-the-blank, matching and/or short answer

• There will be 2 exams during the semester; examinations are cumulative but will focus on current material. There is no final exam. Exams will be given during scheduled class times as noted on the class calendar.

• Students must arrive on time for examinations. Instructions and corrections will be made at the beginning of the examination period and may not be repeated.

• Exams will begin promptly at the designated hour and will be picked up at the time designated by the instructor. Students arriving after any students have completed the exam and left the room may not be allowed to sit for the exam and may receive a score of zero for the exam.

• No allowances will be made for an exam being missed, other than documented illness or emergency. The student must contact the instructor prior to the exam. If permission is granted to delay the exam, it is the student’s responsibility to complete the College Form titled “Student Request for Alternate Exam Time” for approval by the instructor. Documentation of illness or emergency must also be provided with the form.

• In the event of make-up exam, the nature and scheduling of the exam will be at the discretion of the instructor (oral, written, case based, etc.). An unexcused absence from an exam may result in a grade of “zero” for that exam.

Post-Exam Remarks and Reconsideration Requests
• If there is a disagreement over the answer to a specific question, the student should present a written explanation (with supporting documentation) to the instructor within 72 hours of exam return. The explanation must be clear, rational, and concise. (This policy does not apply to mathematic or other grading errors). The final determination of points awarded is at the sole discretion of the instructor.

Request for an Alternate Exam Time:
No allowances will be made for an exam being missed, other than documented illness or emergency, or by prior approval by the Course Coordinator. An unexcused absence from an exam may result in a grade of "zero" for that exam. Any student requesting accommodation for an upcoming exam must submit the request to the course coordinator using the online form posted on Canvas® at least one month prior to the exam.

Note the new policy that an alternate exam time will be considered only if the student documents that they can’t be physically present on the date the exam is already scheduled. 1

Academic Integrity:
Students who violate University rules on academic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. See College Policies and Information, and University Policies and Information for more details.

• The “Statement on Scholastic Dishonesty of the College of Pharmacy” reads as follows: “Pharmacy practitioners enjoy a special trust and authority based upon the profession’s commitment to a code of ethical behavior in its management of client affairs. The inculcation of a sense of responsible professional behavior is a critical component of professional education, and high standards of ethical conduct are expected of pharmacy students. Students who violate University
rules on scholastic dishonesty are subject to disciplinary penalties, including failure of the course involved and dismissal from the college and/or the University. Since dishonesty harms the individual, fellow students, and the integrity of the University and the College of pharmacy, policies of scholastic dishonesty will be strictly enforced in this class.

- Students are expected to work independently on all examinations. Any student caught cheating will be given a "zero" on the exam (minimum). Any student suspected of dishonesty will be reported to the Dean of the College of Pharmacy and to the Dean of Students, as per University regulations. Students are expected to have read and understood the current issue of the General Information Catalog published by the Registrar’s Office for information about procedures and about what constitutes scholastic dishonesty.

- Students may consult with each other on case studies, but in NO instance shall the results be duplicated. Each student is expected to reach his/her own conclusion and produce his/her own assessment document, unless otherwise instructed.

- As part of the honor code for the College of Pharmacy, the following statement will be added to all examinations:
  
  ○ “I have neither participated in nor witnessed any acts of academic dishonesty pertaining to this examination.”
  (student signature). If signature is left blank, the student will be contacted.

Services for Students with Disabilities:
Students with disabilities may request appropriate academic accommodations from the Division of Diversity and Community Engagement, Services for Students with Disabilities at 471-6259 (voice) or 232-2937 (video phone) or https://diversity.utexas.edu/disability/. All University rules concerning accommodations must be followed, including the student arranging for special accommodations prior to each examination. In the absence of such prearrangement, it will be assumed that the student is not requesting special accommodations for that exam and will be expected to take the exam with the rest of the class at the regularly scheduled exam time.

Please provide a copy of the letter to the course coordinator and the office of the Associate Dean for Academic Affairs as soon as possible after receipt.

Campus Carry
- Students should familiarize themselves with the information provided by the University regarding the implementation of “Campus Carry” legislation.

- You will find an information sheet specifically for students (as well as sheets for parents, visitors, faculty, and staff) at http://campuscarry.utexas.edu/info-sheets.

- Information about “Campus Carry” on the UT Heath San Antonio campus can be found at https://www.uthscsa.edu/police/campus-carry/implementation-overview.
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<thead>
<tr>
<th>Date</th>
<th>Session / Hour</th>
<th>Topic</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>9/9</td>
<td>1a</td>
<td>Syllabus / Course Policies</td>
<td>Ryan</td>
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<td></td>
<td>1b</td>
<td>Essentials (Part 1)</td>
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<tr>
<td>9/16</td>
<td>2a</td>
<td>Activity: Analysis of Previous Week's Diet</td>
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<td>Essentials (Part 2)</td>
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<td>9/23</td>
<td>3a</td>
<td>Essentials (Part 3)</td>
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<td>Activity: Vitamin reports</td>
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<td>9/30</td>
<td>4a</td>
<td>Nutrition through the lifecycles: geriatrics/pediatrics/pregnancy</td>
<td>Kubes</td>
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<td>Activity: fast food challenge</td>
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<td>10/7</td>
<td>5a</td>
<td>Eating w/ Restrictions / Cultural Implications</td>
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<td>Activity: Restrictions Challenge</td>
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<td>10/14</td>
<td>6a</td>
<td>EXAM 1</td>
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<td>No assigned activity</td>
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<td>10/21</td>
<td>7a</td>
<td>Fad Diets Content</td>
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<td>7b</td>
<td>Activity: TBA</td>
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<td>10/28</td>
<td>8a</td>
<td>Mindless Eating</td>
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<td>8b</td>
<td>Activity around Eating Behavior</td>
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<td>11/4</td>
<td>9a</td>
<td>Eating Behaviors</td>
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<td>9b</td>
<td>Activity Around Eating Behavior/Restaurant Analysis</td>
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<td>11/11</td>
<td>10a</td>
<td>Content nutrition ads &amp; industry influence</td>
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<td>10b</td>
<td>Activity TBA</td>
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<tr>
<td>11/18</td>
<td>11a</td>
<td>What to Eat/Not Eat. How Not to Die of Cancer</td>
<td>Ryan</td>
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<td>11b</td>
<td>Activity: DASH diet / low cholesterol diet / plant based diet</td>
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<td>11/25</td>
<td>12a</td>
<td>What to Eat/Not Eat. How Not to Die of Diabetes</td>
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<td>Activity: ADA Diet / Diabetes for a Day</td>
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<td>12/2</td>
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<td>What to Eat/Not Eat. How Not to Die of CV Dz</td>
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